

UNIVERSAL TRIBUTES: EXTENSION

I use each encounter as a reflection of either a remembrance of Divine Love or a grievance I continue to hold against myself or another.

Tenets:

- 1. All individuals are students and teachers to each other; in this way, there is meaning and purpose in every encounter.
- 2. What I see in others is a reflection of what I see in myself; what I see in myself, I project onto others.
- 3. When I react instead of respond, I am experiencing a denied part of myself; my reactions serve to remind me to continue my inner work.
- 4. Reflections of Divine Love come to me in many forms and serve as witnesses for my true reality, reminding me that I am not alone.
- 5. The extent to which I recognize and use reflections of Love or grievances as part of my inner work is dependent upon my willingness to be self-responsible.
- 6. The energy of my psyche is restricted by grievances I hold against myself, thereby limiting my creativity and service.
- 7. I can hold the space for resolution of a grievance for someone else only when I have released that same grievance within myself. Therefore, I hold the space for healing in others of that which has been healed within me.
- 8. All encounters involve service at some level and therefore have the potential for bringing comfort or for being a catalyst for change.

[©] Susan S. Trout, PhD. Reprinted from *Born to Serve: The Evolution of the Soul Through Service* and *The Clarion Call: Leadership and Group Life in the Aquarian Era* (Alexandria, VA: Three Roses Press, 1997 and 2009, respectively).