



## Susan's Blog

~ Living Life Completely and Well ~



# The Years 2021-2025 ~ The Dark Gets Darker / The Light Shines Brighter

## Part II: Awakening of the Heart

*(Second in a series of three teachings on this blog about the years 2021 to 2025)*



In [Part I of this teaching](#), I explored the current personal, national, and global crises we are currently experiencing through the lens of the transition from the Piscean Era to the Aquarian Era – a cosmic shift taking place over 500 years, and within which we find ourselves at the precise midpoint. The years 2021-2025 (some say 2025-2030) are the most vulnerable in the 500-year span as the intense clash of opposing energies (Piscean vs. Aquarian) dominates our lives and our planet. We are in a literal life-and-death struggle between what came before (life as we have known it) and what is yet to come. These years – 2021 through 2025 – will be characterized by continued unrest, violence, and extreme darkness. Nevertheless, as the darkness created during the Piscean years rises up and dissipates, the extraordinary Aquarian energies of LIGHT more clearly emerge. This LIGHT is the Light of the Divine, the Light of God, and the Light that is within our hearts.

### The Beneficial Legacy of the Piscean Era

Acknowledging how the Piscean Era failed is essential for those who will be a part of the Aquarian Era. You might be surprised to know that **there are several aspects of the Piscean period that are vital to the success of Aquarian times**. Aquarians can learn what Piscean behaviors are worthy to be brought forward and which ones are best not advanced to the Aquarian.

Psychology, spiritual growth, and practical, of-the-world skills such as technology, philanthropy, and industrialization are the durable remnants that the Piscean Era bequeaths with benefit to the Aquarian Era. The Piscean was an age of unshakeable faith, idealism, and optimism. People were willing to selflessly dedicate themselves to a cause, whether that meant going to war to protect their country or to advocate for human rights and cultural diversity.

With a work-ethic attitude and competitive nature, Pisceans invented machinery and technology needed to increase economic and industrial growth.

Aware of human suffering, Pisceans created charitable foundations and helping professions. During the Piscean Era, understanding of the physical body and healthcare needs resulted in the development of the medical and allied health professions. The human psyche was studied and treatment methods were developed for mental health disorders. Appreciation of beauty resulted in the proliferation of art, music, and drama. Desiring to experience Spirit, Pisceans became filled with devotion, fiery zeal, sincerity, and humility. They developed mental faculties of abstract thought, persistence, and persuasion. Educated and able to problem-solve, they learned how to bring order out of chaos. Their aspirations to be loyal, earnest, and ethical were forerunners of the true use of heart energy.

## **The Spiritual Teachings of Jesus**

The template that birthed the onset of the Piscean Era over 2,000 years ago has often been identified with the spiritual teachings of Jesus. Imparted with a vibration of spiritual love and wisdom, loving acceptance, inner peace, inclusiveness, intelligent conviction, service, and heart, these teachings spread throughout the world.

However, in the absence of the leader, the group could not sustain the purity of the teachings. This disconnection resulted in a distortion of the leader's teachings and the subsequent development of different factions. A veil shrouded the spiritual essence of the leader's teachings in darkness, evidenced as fundamentalism, the ascendancy of fanatic nationalistic religious movements, and reigns of terror and genocide on many continents. Spiritual leaders other than Jesus, such as Mohammed and the Dalai Lama, have experienced a similar distortion of their teachings with factions splitting off.

At times during the Piscean Era, the veil of forgetfulness of our divinity lifted to reveal the hidden identity of LIGHT. Whenever people, groups, and countries honor one another with compassion, the veil lifts.

## **Glimpses of Light**

Glimpses of Light appear in our lives whenever we experience a *genuine* heart connection with one another. Glimpses occur whenever ignorance – the cause of darkness – has dissipated and when the hidden darkness has been faced and brought to the Light with integrity, understanding, and compassion. To experience the Light, we first need *courage* to face and accept the truth. Then we use our energy to *solve our problems* and to *love* and *forgive*. Finally, with *compassion*, the veil of forgetfulness drops completely and Light is all we see within ourselves and humanity.

Division and harm are escalating on our planet right now; darkness has to be “coughed up” so it can dissipate, dissolve, and disappear. Once this darkness is cleansed, we can shift more easily to heart-centered, spiritual values and truly help one another. Much that is good, sacred, helpful, and meaningful will be brought forward from the Piscean into the Aquarian. It is what isn't helpful that will be released.

## Becoming Heart-Oriented

Understanding the shift from the Piscean to the Aquarian may feel overwhelming or like something we can't "get our mind around." It's actually less important that we understand this cosmic transition mentally; rather, we must emotionally and spiritually *feel* the presence of God's Grace that is rising and becoming more and more evident. **2025 is about the heart, not the head.**

Many living on Earth right now already are – or are becoming – heart-oriented, helping others to become aware of their own hearts in order to be mentally and spiritually healthy. What is changing on our planet is occurring at the emotional-spiritual heart level, not at the level of the mental head. **Did you know the heart's purpose is to serve the head?** It is even so that there are more nerve pathways from the heart to the head than from the head to the heart.

We must become more heart-oriented if we are to help ease the transition into the Aquarian. Educating ourselves about *the spiritual laws of the heart* will help us understand how our heart "translates" sacred energies into the practical, day-to-day realities of our life on Earth. In my book [\*To Show Another Way: How to Learn, Heal, and Serve at a Time of Crisis on Planet Earth\*](#), I offer a teaching on these spiritual laws, as well as a unique, healing prayer – known as The Great Invocation – that has been used by millions of people worldwide of all religious faiths and spiritual traditions. *This prayer has been designed to support humanity as it enters the Aquarian Era*, bestowing a means of contacting and circulating the spiritual energies that are contributing to the transformation of our world.

May we take this profound prayer "to heart," allowing it to give voice to our heart's role in bringing Light to these dark times.





# Wherever You Go, Go with Your Heart

Chapter Nine, Teaching One from [\*To Show Another Way:  
How to Learn, Heal, and Serve at a Time of Crisis on Planet Earth\*](#)

Perhaps the rarest treasure we can embody or witness in another is a compassionate, joyful, and patient heart. Such a heart can pour out blessings, offering the gift of Love and Light to individuals, countries, nations, nature—indeed, to all living creatures and all aspects of our world. A healing, transforming, uplifting heart offers the most magnificent gift we can find within ourselves or discover in another—the opportunity **to show another way**.

In universal spiritual and metaphysical<sup>1</sup> teachings, the heart is described as the core of our being—our essence and True Self or Soul. These teachings, known as the Ancient or Ageless Wisdom, predict that gifts of the heart will eventually emerge in people across the planet and permeate our world. These gifts of the heart will lead humanity into a golden age. When this happens, the enlightened heart will guide all that the mind does, charging it with the vision of the future.

The awakening of the heart has already begun; it is this awakening that will ultimately save Planet Earth from ongoing harm and from being destroyed.

## **Spiritual Laws of the Heart**

For the Ancients, the heart was the Holiest Temple in which dwelled the Most High. In the presence of the Most High, the heart unfolds and radiates the fragrance of the Divine. This fragrance, a kind of sacred energy, brings a flood of Light, Love, and Divine Power to our solar system and to Planet Earth. The human heart is the assimilator and communicator of these sacred energies as their Light, Love, and Power inundate the Earth. Only the heart—only the core of our being—can serve as the “translator” of these high vibration energies into the practical, day-to-day realities of our world on Earth.

These metaphysical teachings describe the human heart as a golden, twelve-petaled lotus located behind the physical heart and about four to six inches away from the body. Twelve flames radiate from the center of the heart, forming an electromagnetic energy field. At the center of this field is a blue-orange flame that originates from the Self, a Spark of God. Human hearts can be in various stages of development: their lotus may be only a small bud, have just a few petals open, or be fully developed.

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<sup>1</sup> Metaphysics is the study of “first causes.” The prefix “meta-” means beyond, higher, after, or transcending. Physics deals with the “physical” world; metaphysics refers to what goes beyond the delimitations of time and space and is concerned with a higher order of laws—the laws of the Universe or God’s laws.

To understand the heart as it is described in this teaching, we look to a higher order of spiritual laws. These laws are explored at length in *The Flame of the Heart* by Torkom Saraydarian. At this level, our heart is capable of doing the following:

- healing,
- offering serenity and peace,
- feeling deep compassion,
- extending joy and sacred service,
- offering courage, daring, striving, and patience,
- increasing love, unification, and inclusiveness,
- establishing synthesis, bringing together all the heart's aspects,
- evoking beauty,
- understanding timelessness, knowledge, and intuition,
- becoming creative and receiving visionary inspirations,
- transmuting energy from negative to positive, and
- recording heartfelt experiences.

When we place our awareness in our heart and use our heart's intelligence, we can share the fruits of our healing by giving away what we have learned in service to others.

*The warmth of the sun and the warmth of the heart  
are our life-givers.*

~ Author unknown ~

## **A Heart-Centered Prayer for Our Times**

The Great Invocation is a prayer that was designed to support humanity as it enters the Aquarian Era. It was given to spiritual writer and teacher Alice Bailey in 1945 and has been translated into over seventy-five languages and dialects. **The Great Invocation is used by millions of people worldwide of all religious faiths and spiritual traditions.** It is a heart-centered prayer to help manifest the full expression of the Divine Plan on Earth. As such, its intent is **to show another way.**

The Great Invocation voices the basic needs of humanity—the need for Light and Love, for an understanding of Divine Will, and for the ending of evil or separatism. It refers to humanity's sacred responsibility to spread Light and Love to manifest Divine Will on Earth.

Praying the Great Invocation gives people everywhere a means of contacting and circulating powerful spiritual energies that contribute to the transformation of humanity and our world.

This prayer gives voice to our heart's role in meeting the needs of humanity at this time on Planet Earth.

## The Great Invocation

From the point of Light within the Mind of God  
Let Light stream forth into human minds.  
Let Light descend on Earth.

From the point of Love within the Heart of God  
Let Love stream forth into human hearts.  
May the Coming One return to Earth.

From the center where the will of God is known  
Let purpose guide all little human wills—  
The purpose which the Masters know and serve.

From the center which we call the human race  
Let the Plan of Love and Light work out  
And may it seal the door where Evil dwells.

Let Light and Love and Power restore the Plan on Earth.

## The Great Invocation Explored

In the **first stanza**, the prayer gives voice to one of the great needs of humanity—to bring Light into the world for the purpose of raising the consciousness of the planet. Light is cast into dark places of human activity revealing what needs to be exposed and healed. When minds are illuminated, we see things as they are and take the needed steps to create right relations with others, an urgent necessity.

In the **second stanza**, Love is an energy that must reach the hearts of people everywhere so that loving understanding—love plus intelligence—permeates all that we do. This will lead to a flowering of Christ Consciousness in the world—to concord, peace, plenty, and unity. This flowering will mobilize a tremendous reaction against hate and separatism. People all over the world will form groups to promote goodwill and the creation of right human relations. These groups will be an influential force in the world.

In the **third stanza**, we pray that all people will be aligned with Divine Will, even though we cannot fully grasp the purpose of God. Divine Will remains a great mystery, but we know that it has to do with goodwill, raising consciousness, and establishing right relations between all sentient beings. This includes our relationship with nature.

In the **fourth stanza**, having invoked the power of Light, Love, and Will in the first three stanzas, we ask that these powers be anchored in humanity so that we can express them

through our thoughts and actions as compassion, wisdom, harmony, grace, and oneness. To “seal the door where evil dwells” is symbolic: there is no particular place where evil dwells. This phrase expresses the idea of disabling evil purposes and rendering them powerless. The door is kept open by humanity through greed, selfishness, hatred, prejudice, separateness, love of power, cruelty, materialism, and so forth. As the qualities of Light, Love, and Will become dominant, the door where evil dwells will slowly close through the sheer weight of public opinion and right human desire.

## **Healing the Heart**

Because the Great Invocation came directly from Source with the express intention to help humanity establish the Divine Plan on Earth, its vibration is very high and its reach infinite. It is a prayer for both our darkest moments and our brightest days. Reciting it can calm animals and ease the dying. As you speak it aloud or say it silently within, allow this supreme gift from the Masters to permeate your heart. Allow the prayer to show you another way to live and be as it heals, transforms, and uplifts your heart—so you may show another way for others to do the same.

*Wherever you go, go with your heart.*

~ Confucius ~



## ***To Show Another Way: Applications***

Recite the Great Invocation aloud as part of your morning and/or evening practice.

**If you are experiencing a major challenge or crisis in your life, repeat the prayer many times in one sitting.** Doing so comforts both you and any others who are part of the situation, whether they are physically present or not.

***Coming Soon!*** Part III of this teaching –  
“taking the hand of tomorrow” as we answer  
the clarion call to action

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