

Susan's Blog
~ Living Life Completely and Well ~
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## The Years 2021-2025 ~ The Dark Gets Darker / The Light Shines Brighter

### Part III: An Extraordinary Invitation to Live a New Reality on Planet Earth

(Third in a series of three teachings on this blog about the years 2021 to 2025)

What is important is not what happens to us, but how we respond to what happens to us.

~ Jean-Paul Sartre ~

A new world is stirring. Have you heard its clarion call – to join in the shift to a new way of being? Have you begun to feel its grace in your day-to-day life? Do you recognize its expansiveness in your interactions with family, friends, or colleagues? Individuals, small and large groups, businesses and organizations have been taking action to shift our planet to a higher vibration. Are you among them – or do you wish to be?

#### The Entire World Is Waking Up

As described in <u>Part I</u> and <u>Part II</u> of this blog teaching, our planet is in the process of winding down from one 2,000-year-long astrological cycle – the Piscean Era – and revving up to the next



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2,000-year-long astrological cycle – the Aquarian Era. Amidst the many challenges currently taking place in our world, humanity has, at this precise moment in our planet's history, an unprecedented opportunity to articulate and manifest a new model of life on Earth.

In other words, the *entire* world is waking up. With the speed of Light and the grace of the Divine, the new Aquarian energies coming into the planet are powerfully supporting any effort we make toward serving *from the heart* – serving ourselves through <u>inner work</u> and personal growth *in order that we may serve others and our perishing planet*. **The unique period, from 2021 to 2025, offers a magnificent gift for every person and every group: an invitation to enter into this new reality now being created on Planet Earth.** 

#### With Change Comes Opportunity

*Why is what is happening in our world taking place now?* It takes 500 years for the energies of the incoming era to fully arrive and for the energies of the previous era to fully withdraw. In 1760, Aquarian energies arrived; in 2008, the midpoint between the two eras was achieved, which resulted in chaos between Piscean and Aquarian energies. In 2025 (some say 2030), the dominance of Piscean energies begins to wane and Aquarian energies take precedence. With this shift in the ascendancy from Piscean to Aquarian energies will come a breakthrough that begins the resolving of the clash between them. Aquarian energies will finally be anchored in 2260.



Before the opportunity for such a breakthrough can be awarded to us, we must experience the friction of energies that causes our world's collapse into chaos.

Change occurs when two or more opposing factors come together. The outer changes in the environment, economy, human health, energy, and ideologies *demand* internal shifts in problem-solving, attitudes, worldview, and consciousness. It is this clash of energies that is causing our world's breakdown into chaos. At the same time, we are being presented with an opportunity for a break*through* on a scale never before available to us. **Before the opportunity for such a breakthrough can be awarded to us, we must experience the friction of energies that causes our world's collapse into chaos.** 

#### The Creative Regeneration of Chaos

In his recent e-book, <u>A Handbook for Survivalists: Caring for the Earth ~ a Series of Meditations</u>, Sufi teacher Llewellyn Vaughan-Lee writes about the profoundly transformative changes –"for those who can bear to look" – that can come out of such a state of chaos. These changes can occur at every level, from the personal to the planetary, because, as Vaughan-Lee notes, "chaos itself is a life force":

Chaos itself is a life force, a time of creative regeneration. It is a descent into the darkness of unknowing and also the prima materia for alchemical change. Only from this primal formlessness is real change possible, a change that is not conditioned by past structures or ideologies [...]

For those who can bear to look, chaos has its own light, its own dance. It is like the inbreath that takes life from form to formlessness, that frees us from patterns that bind. Chaos can strip us bare and so allow a space for new life, new patterns to form. It is both dynamic and ecstatic, even if it can be painful.

Perhaps more than anything else, the Covid-19 pandemic has exemplified the global consequence of the crisis we are experiencing and its accompanying chaos. Worldwide and oblivious of borders – between one country and another, between the rich and the poor, between us and someone standing next to us – the pandemic has revealed the fundamental aspect of our connectedness as a people and as a planet. Since the onset of the pandemic, humanitarian efforts from the local to the global have been expanding against all



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odds (here are just <u>a few examples from the United Nations</u>). In order for this planetary shift to take place, a crisis had to happen that would affect ALL of us across the globe – and because the pandemic is worldwide, it has caused individuals and groups across the globe to wake up and live a new reality.

#### We Can Choose Our Reality

In the midst of the conflict of energies between the Piscean and Aquarian Eras, humanity's next evolutionary leap is in the process of taking place. While we are, here and now, living out the concluding days of the Piscean Era, we are also, here and now, living *into* the emerging cycle of the Aquarian Era. The new reality of this incoming era is characterized by a profusion of LIGHT that is already shifting our planet to a much higher vibration.

It would seem obvious that, given the choice, we would choose this new, Light-filled reality over continuing to engage in the frustrating and painful energies of the end of the Piscean Era. Nevertheless, we might still find ourselves too often caught in Piscean distortions, spending our time in lower vibration energies of judgment, unhappiness, resentment, worry, even despair. We stay immersed in these lower energies because we think this low vibration IS our reality. In fact, *we can choose which reality we want to live and be in.* The time has come for each of us to make this choice.

#### The New Reality

Centered in inner authority, partnership, group consciousness, and the synthesis of masculine and feminine energies, Aquarian energies are already gradually replacing Piscean-based dynamics of parent/child, higher/lower, and masculine-energy-dominant relationships. Aquarian-based lives require inner awareness, relatedness, and synthesis as their driving force.



Unity within diversity, spiritual attainment, and world peace are potential fruits of the 2,000-year span of the Aquarian Era.

Following Aquarian energies, individuals and groups educate themselves about the heart and mind and its relationship to action in the world. Women and men share responsibility for decisions and participate equally in matters of national and international importance. Unity within diversity, spiritual attainment, and world peace are potential fruits of the 2,000-year span of the Aquarian Era.

#### Uplifting News Is Already All Around Us

Projects big and small, scientific and spiritual, scholarly and practical, professional and personal, are happening everywhere in the world. Stories featuring "your average Joe or Jane" who spots a problem and enlists like-minded others to join together to address it are now regularly reported by mainstream news outlets. Reports abound of individuals and groups serving others creatively, with generosity and innovation, in areas of social justice, schools, health care, prison reform, animal welfare, and the environment.

Across the globe, there are stories of <u>kids who are changing the world</u> – creating projects like working to get basic health care to tribal villagers in India, and helping low-income peers improve in school by providing tutoring and free books. Remarkable news has come out recently from <u>climate scientists</u>, who announced we can reverse climate change if we act now – and about individuals and groups that are working intensively to bring about viable solutions for repairing climate collapse (for just a few examples, see <u>here</u> and <u>here</u>).

#### The Destiny of Earth in the Aquarian Era

The Aquarian Era promises to be "a golden age," defined by peace, unity, equality, selfresponsibility, and Oneness. But it cannot come fully into being unless *WE* commit to playing our part by choosing to align with the inpouring, uplifting energies of the Aquarian. This extraordinary invitation can be accepted or declined. It can be embraced or rejected. We can perceive it through a distorted lens and disbelieve it, or receive it with open arms as the unique and never-before-offered gift that it is. We can remain in our unconscious slumber or we can "wake up and smell the coffee." The Aquarian Era cannot manifest unless we "take the hand of tomorrow for the yesterday is no more."

"Take the Hand of Tomorrow for the Yesterday Is No More" is the very first teaching in <u>To Show Another Way: How to Learn, Heal, and</u> <u>Serve at a Time of Crisis on Planet Earth</u>. It frames the purpose of the book: to show ourselves another way – an Aquarian way – to live our lives and to serve others during this unique and critical time in our planet's history. I offer this teaching below to help deepen your understanding of this radical shift and to provide a more expansive context for why it is essential that we align ourselves with this new reality.



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#### The Time Is NOW

*NOW IS THE TIME* to decide whether we will take a step through the Aquarian doorway and begin to live this new reality on Planet Earth. Practically speaking, how do we do this? By <u>becoming the Light-bearers we were born to be</u>; by <u>embracing our awakening hearts and feeling the growing grace that is all around us</u>; by educating ourselves about this unique event in our planet's history and the part we play in it; and by finding and embracing every opportunity to show ourselves and others a new way to learn, heal, and serve.





# Take the Hand of Tomorrow for the Yesterday Is No More

Chapter One, Teaching One from <u>*To Show Another Way:</u>* <u>*How to Learn, Heal, and Serve at a Time of Crisis on Planet Earth*</u></u>

> Many things about tomorrow I don't seem to understand but I know who holds tomorrow and I know who holds my hand.

> > ~ Author unknown ~

We stand precariously at the midpoint of the transition from the Piscean Era to the Aquarian Era—what was "the yesterday" and what will be "the tomorrow." No longer having a foothold in the past, we step onto uncharted land. Old organizational structures and belief systems collapse around us as new ones emerge.

Our beloved Planet Earth is in crisis and calls on humanity to rescue it from extreme ecological and spiritual distress. Conflicts between the old and new and the known and unknown arise. We struggle to adjust to change and develop new models of living on our planet before we do it further harm. We know we are connected in a meaningful way to one another and to all Earth's animate and inanimate reality. We are not isolated from one another in the world nor are we separated from the Divine. The more we align with our connectedness, the more we experience help from God, Goddess, All That Is—and the more we are mindful when we have an opportunity **to show another way.** 

Piscean "yesterday" that is no more	Aquarian "hand of tomorrow" that shows another way
Competition	Cooperation
Hierarchical decisions	Shared decisions
Separation from leader and one another	Partnership with leader and one another
Territorial priorities	Global priorities
Homogeneity	Diversity
Self-discovery	Group discovery
Personal vision	Shared vision
Individual needs	Group needs
Outer authority	Inner authority
Problem solving by addressing effects	Problem solving by addressing cause
Separation of spirituality and science	Integration of spirituality and science
Brotherhood	Brotherhood and Sisterhood; humanity
Superiority of masculine energy	Equality of masculine and feminine energy
Disregard and abuse of Planet Earth	Care and respect for Planet Earth

#### Take the Hand of Tomorrow

As individuals, leaders, groups, and countries, we take the hand of tomorrow when we

- are mindful when we have an opportunity to show another way to be in the world,
- welcome the emerging consciousness of the Aquarian era,
- know the feminine heart is united with the masculine mind,
- deepen and unify our inner life,
- transform our organizations and communities as awakened leaders and groups so that we can truly support our members and those we serve,
- go beyond focusing on self-transformation by dedicating our life to serving humanity and Planet Earth,

- harvest the good from where we have been and welcome change, calling on the wisdom of the Universe to help us with the practical application of that awareness, and
- deepen our collective understanding of what wants to emerge in the world.



#### A Clarion Call to Action

As we take a step through the Aquarian doorway, we hear a clarion call to action. We feel the urgency of the planetary transformation and the need to seek creative ways to participate. We choose between the old and the new and between what was and what will be. We move beyond religiosity into spirituality. We practice cooperation and learn how to live as one global family. We are mindful when we have an opportunity **to show another way.** *We take the hand of tomorrow for the yesterday is no more.* 

You have to take ownership and leadership of tomorrow. For that to be possible, you have to strengthen your capacity and widen your vision as a global citizen.

> ~ Ban ki-moon, Deputy Chair of The Elders



## To Show Another Way: Applications

Journal on two or more of the following questions to deepen your understanding of this teaching and make it practical in your own life. It is essential to be specific as you respond in order to go deeper in your awareness and understanding.

- In what ways can I **show others another way** to "take the hand of tomorrow"?
- What is my next step in practicing group cooperation?
- If I don't already have a meaningful connection with nature, how can I develop one?
- How am I preparing for challenges that presently exist and for those yet to come?
- If what is true for the world at large is true for me, in what way am I a microcosm of the macrocosm?

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