

TO SHOW ANOTHER WAY

*How to Learn, Heal, and Serve
at a Time of Crisis on Planet Earth*



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Susan S. Trout: *To Show Another Way:
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Wherever You Go, Go with Your Heart

The warmth of the sun and the warmth of the heart are our life-givers.

~ AUTHOR UNKNOWN

Perhaps the rarest treasure we can embody or witness in another is a compassionate, joyful, and patient heart. Such a heart can pour out blessings, offering the gift of Love and Light to individuals, countries, nations, nature—indeed, to all living creatures and all aspects of our world. A healing, transforming, uplifting heart offers the most magnificent gift we can find within ourselves or discover in another—the opportunity **to show another way**.

In universal spiritual and metaphysical* teachings, the heart is described as the core of our being—our essence and True Self or Soul. These teachings, known as the Ancient or Ageless Wisdom, predict that gifts of the heart will eventually emerge in people across the planet and permeate our world. These gifts of the heart will lead humanity into a golden age. When this happens, the enlightened heart will guide all that the mind does, charging it with the vision of the future. The awakening of the heart has already begun;

* Metaphysics is the study of “first causes.” The prefix “meta-” means beyond, higher, after, or transcending. Physics deals with the “physical” world; *metaphysics* refers to what goes beyond the delimitations of time and space and is concerned with a higher order of laws—the laws of the Universe or God’s laws.

it is this awakening that will ultimately save Planet Earth from ongoing harm and from being destroyed.

Spiritual Laws of the Heart

For the Ancients, the heart was the Holiest Temple in which dwelled the Most High. In the presence of the Most High, the heart unfolds and radiates the fragrance of the Divine. This fragrance, a kind of sacred energy, brings a flood of Light, Love, and Divine Power to our solar system and to Planet Earth. The human heart is the assimilator and communicator of these sacred energies as their Light, Love, and Power inundate the Earth. Only the heart—only the core of our being—can serve as the “translator” of these high vibration energies into the practical, day-to-day realities of our world on Earth.

These metaphysical teachings describe the human heart as a golden, twelve-petaled lotus located behind the physical heart and about four to six inches away from the body. Twelve flames radiate from the center of the heart, forming an electromagnetic energy field. At the center of this field is a blue-orange flame that originates from the Self, a Spark of God. Human hearts can be in various stages of development: their lotus may be only a small bud, have just a few petals open, or be fully developed.

To understand the heart as it is described in this teaching, we look to a higher order of spiritual laws. These laws are explored at length in *The Flame of the Heart* by Torkom Saraydarian. At this level, our heart is capable of doing the following:

- ♦ healing,
- ♦ offering serenity and peace,
- ♦ feeling deep compassion,
- ♦ extending joy and sacred service,
- ♦ offering courage, daring, striving, and patience,
- ♦ increasing love, unification, and inclusiveness,
- ♦ establishing synthesis, bringing together all the heart’s aspects,
- ♦ evoking beauty,
- ♦ understanding timelessness, knowledge, and intuition,
- ♦ becoming creative and receiving visionary inspirations,

- ♦ transmuting energy from negative to positive, and
- ♦ recording heartfelt experiences.

When we place our awareness in our heart and use our heart's intelligence, we can share the fruits of our healing by giving away what we have learned in service to others.

A Heart-Centered Prayer for Our Times

The Great Invocation is a prayer that was designed to support humanity as it enters the Aquarian Era. (For a discussion of the transition from the Piscean to the Aquarian Era which our planet is currently undergoing, see Chapter Two's "Humanity's Next Evolutionary Leap.") It was given to spiritual writer and teacher Alice Bailey in 1945 and has been translated into over seventy-five languages and dialects. **The Great Invocation is used by millions of people worldwide of all religious faiths and spiritual traditions.** It is a heart-centered prayer to help manifest the full expression of the Divine Plan on Earth. As such, its intent is **to show another way.**

The Great Invocation voices the basic needs of humanity—the need for Light and Love, for an understanding of Divine Will, and for the ending of evil or separatism. It refers to humanity's sacred responsibility to spread Light and Love to manifest Divine Will on Earth.

Praying the Great Invocation gives people everywhere a means of contacting and circulating powerful spiritual energies that contribute to the transformation of humanity and our world. This prayer gives voice to our heart's role in meeting the needs of humanity at this time on Planet Earth.

The Great Invocation

From the point of Light within the Mind of God
 Let Light stream forth into human minds.
 Let Light descend on Earth.

From the point of Love within the Heart of God

Let Love stream forth into human hearts.
May the Coming One return to Earth.

From the center where the Will of God is known
Let purpose guide all little human wills—
The purpose which the Masters know and serve.

From the center which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where Evil dwells.

Let Light and Love and Power restore the Plan on Earth.

The Great Invocation Explored

In the **first stanza**, the prayer gives voice to one of the great needs of humanity—to bring Light into the world for the purpose of raising the consciousness of the planet. Light is cast into dark places of human activity revealing what needs to be exposed and healed. When minds are illuminated, we see things as they are and take the needed steps to create right relations with others, an urgent necessity.

In the **second stanza**, Love is an energy which must reach the hearts of people everywhere so that loving understanding—love plus intelligence—permeates all that we do. This will lead to a flowering of Christ Consciousness in the world—to concord, peace, plenty, and unity. This flowering will mobilize a tremendous reaction against hate and separatism. People all over the world will form groups to promote good will and the creation of right human relations. These groups will be an influential force in the world.

In the **third stanza**, we pray that all people will be aligned with Divine Will, even though we cannot fully grasp the purpose of God. Divine Will remains a great mystery, but we know that it has to do with goodwill, raising consciousness, and establishing right relations between all sentient beings. This includes our relationship with nature.

In the **fourth stanza**, having invoked the power of Light, Love, and Will in the first three stanzas, we ask that these powers be anchored in humanity so that we can express

them through our thoughts and actions as compassion, wisdom, harmony, grace, and oneness. To “seal the door where evil dwells” is symbolic: there is no particular place where evil dwells. This phrase expresses the idea of disabling evil purposes and rendering them powerless. The door is kept open by humanity through greed, selfishness, hatred, prejudice, separateness, love of power, cruelty, materialism, and so forth. As the qualities of Light, Love, and Will become dominant, the door where evil dwells will slowly close through the sheer weight of public opinion and right human desire.

Healing the Heart

Because the Great Invocation came directly from Source with the express intention to help humanity establish the Divine Plan on Earth, its vibration is very high and its reach infinite. It is a prayer for both our darkest moments and our brightest days. Reciting it can calm animals and ease the dying. As you speak it aloud or say it silently within, allow this supreme gift from the Masters to permeate your heart. Allow the prayer to **show you another way** to live and be as it heals, transforms, and uplifts your heart—so you may **show another way** for others to do the same.

Wherever you go, go with your heart.

~ CONFUCIUS

To Show Another Way: Applications

Recite the Great Invocation aloud as part of your morning and/or evening practice. If you are experiencing a major challenge or crisis in your life, **repeat the prayer many times in one sitting**. Doing so comforts both you and any others who are part of the situation, whether they are physically present or not.
