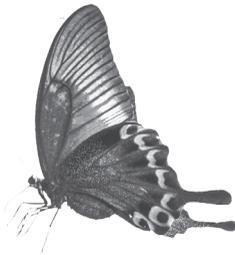


TO SHOW ANOTHER WAY

*How to Learn, Heal, and Serve
at a Time of Crisis on Planet Earth*



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Susan S. Trout: *To Show Another Way:*
How to Learn, Heal, and Serve at a Time of Crisis on Planet Earth

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Take the Hand of Tomorrow for the Yesterday Is No More

*Many things about tomorrow I don't seem to understand
but I know who holds tomorrow and I know who holds my hand.*

~ AUTHOR UNKNOWN

We stand precariously at the midpoint of the transition from the Piscean Era to the Aquarian Era—what was “the yesterday” and what will be “the tomorrow.” No longer having a foothold in the past, we step onto uncharted land. Old organizational structures and belief systems collapse around us as new ones emerge. Our beloved Planet Earth is in crisis and calls on humanity to rescue it from extreme ecological and spiritual distress. Conflicts between the old and new and the known and unknown arise. We struggle to adjust to change and develop new models of living on our planet before we do it further harm. We know we are connected in a meaningful way to one another and to all Earth’s animate and inanimate reality. We are not isolated from one another in the world nor are we separated from the Divine. The more we align with our connectedness, the more we experience help from God, Goddess, All That Is—and the more we are mindful when we have an opportunity **to show another way.**

Piscean “yesterday” that is no more	Aquarian “hand of tomorrow” that shows another way
Competition	Cooperation
Hierarchical decisions	Shared decisions
Separation from leader and one another	Partnership with leader and one another
Territorial priorities	Global priorities
Homogeneity	Diversity
Self-discovery	Group discovery
Personal vision	Shared vision
Individual needs	Group needs
Outer authority	Inner authority
Problem solving by addressing effects	Problem solving by addressing cause
Separation of spirituality and science	Integration of spirituality and science
Brotherhood	Brotherhood and Sisterhood; humanity
Superiority of masculine energy	Equality of masculine and feminine energy
Disregard and abuse of Planet Earth	Care and respect for Planet Earth

Take the Hand of Tomorrow

As individuals, leaders, groups, and countries, we take the hand of tomorrow when we

- ♦ are mindful when we have an opportunity **to show another way** to be in the world,
- ♦ welcome the emerging consciousness of the Aquarian era,
- ♦ know the feminine heart is united with the masculine mind,
- ♦ deepen and unify our inner life,
- ♦ transform our organizations and communities as awakened leaders and groups so that we can truly support our members and those we serve,
- ♦ go beyond focusing on self-transformation by dedicating our life to serving humanity and Planet Earth,

- ♦ harvest the good from where we have been and welcome change, calling on the wisdom of the Universe to help us with the practical application of that awareness, and
- ♦ deepen our collective understanding of what wants to emerge in the world.

A Clarion Call to Action

As we take a step through the Aquarian doorway, we hear a clarion call to action. We feel the urgency of the planetary transformation and the need to seek creative ways to participate. We choose between the old and the new and between what was and what will be. We move beyond religiosity into spirituality. We practice cooperation and learn how to live as one global family. We are mindful when we have an opportunity **to show another way**. *We take the hand of tomorrow for the yesterday is no more.*

*You have to take ownership and leadership of tomorrow.
For that to be possible, you have to strengthen your capacity
and widen your vision as a global citizen.*

~ BAN KI-MOON, DEPUTY CHAIR OF THE ELDERS

To Show Another Way: Applications

Journal on two or more of the following questions to deepen your understanding of this teaching and make it practical in your own life. It is essential to be specific as you respond in order to go deeper in your awareness and understanding.

- ♦ In what ways can I **show others another way** to “take the hand of tomorrow?”
- ♦ What is my next step in practicing group cooperation?
- ♦ If I don’t already have a meaningful connection with nature, how can I develop one?
- ♦ How am I preparing for challenges that presently exist and for those yet to come?
- ♦ If what is true for the world at large is true for me, in what way am I a microcosm of the macrocosm?